



### U10 PLAYER RUGBY SKILLS ASSESSMENT - CENTRAL BOP JUNIOR RUGBY SKILLS SCHEDULE

Coaches please insert a rating for each player for each skill: **1:** Learning Skill **3:** Competent **5:** Highly Competent **NA:** Not Applicable

PLAYER NAMES	Grip Ball	PASS		CATCH		TACKLE			EVADE		Loose Ball (Two Hand Pick-up)	LINEOUT	SCRUM	KICK
		Flick/Push L	Flick/Push R	From L	From R	Passive L+R	Side L+R	Rear L+R	Sidestep	Fend/Spin		Hooker Throw/Jumper Jump	Hooker, Hook, Positioning for Props, Locks, No 8	Punt
1														
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11														
12														
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15														

CLUB

TEAM

COACH

SIGNATURE

DATE

Please hand the completed form to your junior delegate or scan and email to [skills@centralboprugby.co.nz](mailto:skills@centralboprugby.co.nz)

Thank you for assisting junior players to develop their rugby skills and to develop a lifelong love of rugby.



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16														
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18														
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26														
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30														

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